

August 2026

UPPER MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



10

11

12

13

14

BBQ Chicken

Baked Beans
Potato Salad
Fried Okra
Dinner Roll

Fried Fish

Parmesan Potato
Wedges
Turnip Green
Coleslaw
Hushpuppies

17

18

19

20

21

Sweet & Sour Chicken

Fried Rice
Stir Fry Vegetables
Vegetable Egg Roll

Taco Salad

Beef or Chicken
Spanish Rice
Fiesta Corn
Peach Cobbler with
Ice Cream

Fried Chicken Tenders and Waffles

Hashbrown
Casserole
Green Beans
Dinner Roll

Chicken Alfredo with Penne

Broccoli
Carrot Souffle
Garlic Toast

Shrimp Po-Boy

Lettuce and Tomato
Macaroni Salad
Fried Okra

24

25

26

27

28

Country Fried Steak

Country Gravy
Mashed Potatoes
Broccoli
Dinner Roll

Fajitas

Steak or Chicken
Grilled Onions &
Peppers
Spanish Rice
Fiesta Corn
Refried Beans

Fried Pork Chop

Sweet Potato
Casserole
Cabbage with
Bacon
Cornbread or Roll
Apple Cobbler

Baked Chicken

Scalloped Potatoes
Green Peas
Corn Nuggets
Dinner Roll

Salmon Rice Bowl

White or Brown Rice
Asparagus Tips,
Broccoli, Julienne
Carrots, Red Onion
Assorted Sauces

31

BBQ Theme Meal

Pork Ribs
Macaroni & Cheese
Cowboy Beans
Fried Okra
Mexican Cornbread

