

September 2026

UPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Italian Theme Meal Chicken Parmesan Pasta with Marinara Sauce Caesar Salad Broccoli Garlic Toast Tiramisu	2 Beef Tips Rice Black eye Peas Squash Casserole Dinner Roll Cornbread Banana Pudding	3 Chicken Cordon Bleu Scalloped Potatoes California Vegetables Dinner Roll	4 Fried Fish Potato Wedges Turnip Greens Coleslaw Hushpuppies Apple Dumplings
	7 	8 Loaded Nachos Beef or Chicken Fiesta Corn Pinto Beans Queso Guacamole Assorted Toppings	9 Luau Theme Meal Poke Bowl White or Brown Rice Soy Ginger Chicken Sauteed Shrimp Assorted Toppings	10 Meatloaf Mashed Potatoes Green Beans Dinner Roll Mixed Berry Cobbler
14 Creole Chicken Pasta Bahama Vegetables Corn Nuggets Garlic Toast	15 Smoky Street Corn Chicken Bowl Rice Guacamole Assorted Toppings	16 Pulled Pork Baked Beans Fried Okra Potato Salad Dinner Roll or Bun	17 Lasagna Roasted Broccoli Garden Salad Garlic Toast	18 Baked Salmon Dirty Rice Creamed Spinach Dinner Roll Key Lime Pie
21 Hamburger Steak Mashed Potatoes Green Beans Dinner Roll	22 Taco Salad Beef or Chicken Queso Spanish Rice Assorted Toppings Cinnamon Sugar Churros	23 Gyro Day Lamb or Chicken Shredded Lettuce Tomatoes Cucumbers Red Onion Tzatziki Sauce	24 Chicken Alfredo Penne Pasta Broccoli Caesar Salad Garlic Toast	25 Fried Fish Potato Wedges Turnip Greens Coleslaw Hushpuppies
28 Fried Chicken Macaroni & Cheese Cabbage Dinner Roll or Cornbread	29 Fajitas Beef or Chicken Onions & Peppers Refried Beans Spanish Rice Assorted Toppings	30 Linguine Bar Assorted Sauces Chicken or Shrimp Assorted Toppings Garden Salad Garlic Breadstick		