October 2026

UPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 **Beef Tips** Rice Creamed Spinach Field Peas Roll or Cornbread Apple Crisp	2 **Shrimp Po-Boy** Lettuce & Tomato Coleslaw Fried Okra
5 **Pulled Pork** Baked Beans Potato Salad Fried Okra Bun or Roll	6 **Taco Day** **Beef or Chicken** Fiesta Corn Pinto Beans Queso Guacamole Assorted Toppings	7 **Red Beans with Smoked Sausage** Rice Corn Nuggets Collard Greens Cornbread	8 **Chicken Shawarma Bowl** Rice Pilaf Chickpea Cucumber Salad Roasted Cauliflower Grilled Zucchini & Squash Tahini Sauce Pita Bread	9 **Fried Fish** Macaroni & Cheese Turnip Greens Coleslaw Hushpuppies
12	13	14 **Baked Potato Bar** Chili Pulled Chicken Roasted Broccoli Cheese Sauce Sour Cream Additional toppings	15 **Chicken Spaghetti** Corn Nuggets Green Beans Dinner Roll	16 **Glazed Salmon** Scalloped Potatoes California Vegetables Dinner Roll **Wear Pink**
19 **Chicken & Sausage Jambalaya** Fried Corn on Cob Cucumber & Tomato Salad Garlic Bread	20 **Mexican Rice Bowl** Beef or Chicken Rice Corn & Black Beans Assorted Toppings Churros	**Build your own Mediterranean Bowl or Pita** Chicken, Shrimp, Lamb Brown or White Rice Hummus Tzatziki Sauce and more	22 **Spaghetti with Meat Sauce** Caesar Salad Broccoli Garlic Toast	23 **Fried Fish** Potato Wedges Baked Beans Turnip Greens Coleslaw Hushpuppies
26 **Hot Dog Bar** Homemade Chili Cheese Sauce Onions Jalapenos and more	27 **Fajitas** **Beef or Chicken** Onions & Peppers Spanish Rice Refried Beans	28 **Meatloaf** Mashed Potatoes Green Beans Dinner Roll	29 **Carnival Theme Meal** Footlong Corn Dog Chicken on a Stick Funnel Cake Fries	30 **Fried Shrimp** Rice Pilaf Roasted Asparagus Macaroni Salad Dinner Roll Pumpkin Pie

Please take our survey!