

HAPPY HOLIDAYS!

JANUARY 2026

UPPER

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| | | 1 | 2 | 3 |
| 5 Country Fried Steak w/ Pepper Gravy Mash Potatoes Honey Carrots Dinner Roll | 6 Chicken & Rice Bowl | 7 Meatloaf Mashed Potatoes Green Peas Dinner Roll | 8 Fried Chicken Mac & cheese Fried Okra Dinner Roll | 9 Chicken Spaghetti Peas & Carrots Garlic Bread |
| 12 Chicken Alfredo Steamed Broccoli Garlic Bread | 13 Hard Shell Tacos Mexican Corn Spanish Rice | 14 Fried Pork Chops Oven Roasted Potatoes Squash Medley Cornbread | 15 Grilled Chicken Rice Pilaf Lima Beans Dinner Roll | 16 Baked Salmon Rice Pilaf Mixed Vegetables Dinner Roll |
| 19 Pot Roast Mashed Potatoes Mixed Vegetables Dinner Roll | 20 Chicken Fajitas Mexican Corn Spanish Rice | 21 Red Bean & Sausage Steamed Rice Mixed Vegetables | 22 BBQ Chicken Baked Beans Corn on Cob Dinner Roll | 23 Spaghetti Meat Sauce Steamed Broccoli Garlic Bread |
| 26 Hamburger Steak White Rice/Gravy Carrots Dinner Roll | 27 Hard Shell Tacos Mexican Corn Spanish Rice | 28 Beef Stir Fry Fried Rice Egg Roll | 29 Grilled Chicken Oven Roasted Potatoes Green Beans Dinner Roll | 30 Fried Fish Hush puppies Waffle Fries Fried Okra |

Menu items are subject to change without notice due to availability of item listed

 **ELIOR GROUP**