

SEPTEMBER 2025

UPPER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 Hard Shell Tacos Black Beans & Corn Spanish Rice	3 Chicken Parmesan Buttered Noodles Green Beans Seasoned Squash Garlic Bread	4 Baked Chicken Honey Carrots Green Beans Dinner Roll	5 Fried Fish Hush puppies Waffle Fries Cabbage Cornbread
8 Country Fried Steak w/ Pepper Gravy Mash Potatoes Peas & Carrots Dinner Roll	9 Chicken & Rice Bowl	10 Andouille Sausage w/Onion & Peppers White Rice Seasoned Squash Dinner Roll	11 Fried Chicken Mac & Cheese Baked Beans Dinner Roll	12 Chicken Alfredo Broccoli & Cheese Garlic Toast
15 Swedish Meatballs Buttered Noodles Green Peas Dinner Roll	16 Chicken Fajitas Black Beans & Corn Spanish Rice	17 Smothered Pork Chops Rice & Gravy Squash Medley Cornbread	18 Baked Chicken Green Beans Mashed Potatoes Dinner Roll	19 Chicken Spaghetti Broccoli & Carrots Garlic Bread
22 Pot Roast Mashed Potatoes Mixed Vegetables Dinner Roll	23 Hard Shell Tacos Black Beans & Corn Spanish Rice	24 Chicken & Dumplings Fried Okra Mixed Vegetables Dinner Roll	25 Fried Chicken Mac & Cheese Yams Dinner Roll	26 Blackened Salmon Rice Pilaf Bacon Wrapped Asparagus Dinner Roll
29 Hamburger Steak White Rice Honey Carrots Dinner Roll	30 Chicken & Rice Bowl			

Menu items are subject to change without notice due to availability of item listed